

Ekta Bhyan wins club throw gold for India at Asian Para Games



JAKARTA, OCT 9 /-/- Ekta Bhyan won India's fourth gold at the Asian Para Games by topping the women's club throw event here on Tuesday. Bhyan produced her best throw in her fourth attempt, 16.02m, winning the F32/51 event ahead of UAE's Alkaabi Thekra, who threw 15.75m. The F32/51 class features athletes with significant impairment in hand function. Bhyan had come into the competition on the back of a gold in the Indian Open Para Athletics Championship earlier this year. India also secured three bronze medals on Tuesday courtesy Jayanti Behera, Anandan Gunasekaran and Monu Ghangas. Ghangas finished third in the men's shot put F11, which covers vision impairment, and Gunasekaran in men's 200m T44/62/64 class, which deals with impairment in foot, ankle and/or lower leg but the athletes compete without prosthesis. Behera bagged the bronze in the women's 200m T45/46/47 event which is for athletes with limb impairment. On Monday, Javelin thrower Sandeep Chaudhary produced a stunning world record effort as India bagged 11 medals, including three gold, on a productive day. (PTI)

HIGHLIGHTS

- Ekta Bhyan won India's fourth gold at the Asian Para Games by topping the women's club throw event.
- Manish Narwal bagged the yellow metal in the men's SH1 10m air pistol event
- Narayan Thakur clinched gold medal in men's T35 100m event

Modric vs Ronaldo rematch as Ballon d'Or nominees unveiled

SAMANTHA KERR NOMINATED FOR WOMEN'S BALLON D'OR

PARIS, OCT 9 /-/- FIFA best player of the year Luka Modric remains on track for a second major award after he was named Monday among 30 nominees for the Ballon d'Or alongside the likes of Real Madrid teammate Cristiano Ronaldo, Barcelona's Lionel Messi and Liverpool's Mohamed Salah. Modric, a World Cup runner-up with Croatia, beat Juventus Ronaldo and Salah to win the FIFA prize last month after Messi was surprisingly left off the final three-man list. Ronaldo, currently facing allegations of rape dating back to 2009 that he strenuously denies, has already won the Ballon d'Or five times and is the current holder of the award. Messi has also won the award on five occasions. FIFA split the Ballon d'Or in 2016 to launch its own set of awards. The winner of the prestigious Ballon d'Or organised by France Football magazine will be announced on December 3. Real Madrid and Wales forward Gareth Bale and

Manchester City's Belgium midfielder Kevin De Bruyne also featured among a list of familiar names. Bale, who scored two goals in Real's triumph in the final of the Champions League against Liverpool including a spectacular overhead kick, is joined by club teammates Karim Benzema, Raphael Varane, Isco, Marcelo and Sergio Ramos. De Bruyne was nominated for helping City win the Premier League and Belgium reach the World Cup semi-finals. Antoine Griezmann, a World Cup winner with France and Europa League champion at Atletico Madrid, is nominated alongside international teammates, Chelsea midfielder N'Golo Kante, Manchester United's Paul Pogba and PSG's Kylian Mbappe. Eden Hazard gives Chelsea another player in the running after starring alongside De Bruyne at the World Cup, with England's Golden Boot winner Harry Kane also included. Manchester City forward Sergio Aguero and PSG's



Neymar are nominated as are two other prolific South American strikers: Uruguayans Edinson Cavani of PSG and Luis Suarez of Barcelona. Liverpool's Brazilian forward Roberto Firmino and Uruguay's rugged defender Diego Godin of Atletico Madrid also got the nod. Four goalkeepers are also among the 30 - Thibaut Courtois of Belgium and Real Madrid, Liverpool and Brazil stopper Alison Becker, Tottenham's France World Cup winner Hugo Lloris and Atletico's Jan Oblak. Also making the cut are Juve's

Mario Mandzukic and Liverpool's Sadio Mane, while Barcelona are also represented by Croatia defender Ivan Rakitic. For the first time, a Ballon d'Or for women players will be awarded this year, with Champions League winners Lyon accounting for seven of the 15 nominees. France internationals Amandine Henry, Amel Majri and Wendie Renard are joined on the list by Germany's Dzsenaifer Marozsan, England's Lucy Bronze, Ada Hegerberg of Norway and Japan defender Saki Kumagai. Brazil's Marta,

crowned best women's player for a record sixth time at last month's FIFA awards, is also in contention after her role in winning the Copa America. Other nominees are Perrille Harder, Lindsey Horan, Fran Kirby, Sam Kerr, Lieke Martens, Megan Rapinoe and Christine Sinclair. In another first, the best under-21 player will receive the Kopa Trophy. Kylian Mbappe, the Paris Saint-Germain striker who burst onto the global scene with his performances as France won the World Cup, is the favourite. The Ballon

d'Or, which was first won by Englishman Stanley Matthews in 1956, is decided by a ballot of journalists from around the world. Australian striker Samantha Kerr was on Tuesday nominated for this year's Ballon d'Or award, the first time one of football's top honours will have a women's category. Kerr has starred for her national women's side (the Matildas) on numerous occasions including at the Tournament of Nations recently where she scored four goals, spurring her team to victory over the top-ranked US side, reports Efe news. (AFP)



ARE YOU PREPARED?

Do's and Don'ts Cyclone

BEFORE CYCLONE

- Ignore rumours, Stay calm, Don't panic
- Keep your mobile phones charged to ensure connectivity; use SMS
- Listen to radio, watch TV, read newspapers for weather updates
- Keep your documents and valuables in waterproof containers
- Prepare an emergency kit with essential items for safety and survival
- Secure your house; carry out repairs; don't leave sharp objects loose
- keep cattle/animals untied to ensure their safety

FISHERMEN SHOULD

- Keep a radio set with extra batteries handy
- Keep boats/rafts tied up in a safe place
- Don't venture out in the sea. Be smart

DURING AND AFTER CYCLONE

- A) If Indoors
- Switch off electrical mains and gas connection
 - Keep doors and windows shut
 - If your house is unsafe, leave early before the onset of a cyclone
 - Listen to radio; rely only on official warnings
 - Drink boiled/chlorinated water
- B) If Outdoors
- Do not enter damaged buildings
 - Watch out for broken electric poles and wires, and other sharp objects
 - Seek a safe shelter as soon as possible



**Be Smart
Be Prepared**

dwp 19106/130012/1919

QUIZ Contest

CQ034

WHAT IS A MANGEL-WURZEL?

a) AN OLD WASHING MACHINE?
b) A BEET THAT CATTLE EAT?
c) A SCARECROW?

Yesterday's Answer: Revolving food tray.

We will publish your name, correct answer in this space. SMS the answers alongwith your name, address, correct answers to the following mobile number: 8334826380

National Disaster Management Authority Government of India

Follow us on: @NDMA.in /ndmaindia You Tube /NDMAIndia

Call: 011-1078 www.ndma.gov.in